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## **Adaptational problems among overseas students**

**Drabkova A.S.**

*Vitebsk State Order of Peoples' Friendship Medical University, Vitebsk, Belarus*

Globalization processes are highlighted education in the modern world. However, overseas students face some difficulties such as language barrier, dissimilar cultural and social environment. Therefore, researches constantly conducted in order to search for ways of international students' adaptation to features of education process at receiving university, including mastering at complicated morphological disciplines in medical university [1,3,4].

**Materials and methods.** Based on Chair of Human Anatomy in Vitebsk State Order of Peoples' Friendship Medical University the questionnaire of First- and Second-Year students of General medicine faculty and Faculty of overseas students training with Russian and English languages of education was conducted.

**Results and their discussion.** In the research process the most stressful points for overseas students were revealed.

### **1) Language barrier**

Teaching at the university is undertaken on Russian and English, which for the majority of students are not native languages, so it is considered to be the problem for international students.

Turns out that 90.6% students from Belarus were studying on Russian. The large majority of students from Lebanon (38.3%) was trained on French. In Sri Lanka 66.67% and 79.99% in India were studying on English.

Training of Belarusian nationals is conducted on Russian, although other students study on English. However, during studying human anatomy necessarily to use the terms on Latin. It is the necessary condition because Latin is language of international terminology [2]. For domestic students in comparison with overseas one's language adaptation might be easier because they already know the language of training. Lowest levels of language adaptation are in group of students from Lebanon.

### **2) Independent study**

It should be noted that the majority of students from Belarus (67.2%), Sri Lanka (58.45%) and India (54.69%) answered that material that teacher

had given was enough for good mark at school. However, in Lebanon (44.68%) a lot of students might get the best mark using knowledge that teacher already had given.

In preparation for the class on morphological disciplines such as human anatomy and histology students must study a lot of information on their own. Preparation for classes on morphological disciplines is time-consuming rather than other disciplines.

Accordingly, students should be able to distribute their time. It is worth noting that during studying these disciplines indispensable condition for answering in class is not only oral answer, but also demonstration on relevant materials such as anatomy models, different phantoms and working with microscope (on histology). Such skills mandatory during answering at class, furthermore knowledge of student cannot be assessed on positive mark without demonstration on models and phantoms. Thus, for all groups of students moving to the university is a stressful point, although students from Belarus less suffer from this problem.

### 3) Uniform

The majority of interviewed students answered that at their schools was introduced a uniform, which they had to wear every day. Most notably, lowest levels (48.44%) was shown by students from Belarus.

At the Chair of Human Anatomy students' uniform is white coat and medical hat. Such uniform necessary for safe work during the class. According to the survey all groups of students should understand the rule.

**Conclusion.** Therefore, overseas students' adaptation is taking place under difficult condition. Process of adaptation depends on school education of entrant, knowing the peculiarizes professors can predict, which problems students may face while studying at university.

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